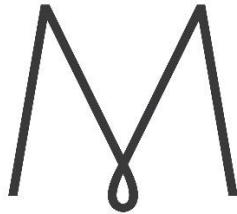


Swansboro United Methodist Church



MOPS & MOMSNEXT

1st and 3rd Sundays

4:30 - 6:30 pm

September - May

2018/2019 Meeting Dates

September 9th & 23rd

October 7th & 21st

November 4th & 18th

December 2nd & 16th

January 6th & 20th

February 3rd & 17th

March 3rd & 17th

April 7th

May 5th & 19th

WHAT IS MOPS?

MOPS stands for mothers of preschoolers, and by preschoolers we mean kids from birth through kindergarten. It also includes moms pregnant or expecting their first child. MOMSnext is the next step with school-aged kids, from elementary through high school. We know it's a little confusing so let's just stick with "MOPS."

MOPS is a grassroots movement that believes moms are world influencers. That's why we connect moms all over the world to a community of women, in their own neighborhoods, who meet together to laugh, cry and embrace the journey of motherhood.

A MOPS group is an open, accepting place for all mothers to experience authentic community, personal growth, practical help, and spiritual hope.

WHAT TO EXPECT

Our meetings include practical teaching through speakers, demonstrations, or videos, followed by small group discussion and creative activities. Plus, there's usually food. But more important, you'll get to have honest conversations with other moms who understand the joys and frustrations of motherhood. All while your children are being lovingly cared for by our church volunteers.

CURRICULUM

Most meetings will have a topic of discussion through a live speaker or video provided by MOPS International.

FELLOWSHIP

Local mom friends to talk to, laugh with, share advice with and relate to. You are not alone!

CREATIVE ACTIVITIES

Fun and easy crafts, even for the less creative of us! Or projects that allow us to be creative while showing our love to others.

CHILDCARE

Children from 2nd grade and up will be involved in ongoing church activities specifically for them. Children 1st grade and younger will be cared for by loving providers in childcare.

OUR THEME

Every year has a new MOPS theme. This year's theme is:



FIND YOUR FIRE

Sisters, this is a year we will tend a fire in our own hearts.
We will stop inhaling the fumes of our mistakes that tell us we are not enough,
not a good enough mom,
not pretty enough, not brave enough,
not smart enough,
not wealthy enough.

Instead, we will choose to tend our God-given fire.
We will love our children with an all-consuming love and use our words to warm the world.
We will hold the torch up high and shed light on what matters most.

When our homes feel cold, we'll light a fire.
When a friend has lost her spark, we'll fan her flame.
When the world seems dark, we will be an ember of hope.

In order to do this, we will learn to:

Live Expectantly
Surrender Daringly
and Breathe Freely

Register Online at:

www.mops.org/join

use code "9RQ0"

Questions? Contact us

swansboromops@gmail.com



Find us on
Facebook

www.facebook.com/groups/swansboromops



**Never let the fire go out ...
When you hope, be joyful.
When you suffer, be patient.
When you pray, be faithful.
Share with God's people who are in need.**

Welcome others into your homes.

-Romans 12:11-13 (NirV 1998)



MOPS.ORG

