

## **SECOND SUNDAY**



**Food 4 Hungry SILVERDALE students:**

*Need food a K-5 child can easily open and eat*

Cereal Bowl or Box

Crackers with PB or cheese

- Instant Oatmeal or grits -

Sm. Peanut Butter - Jelly

Can Tuna/ Chicken

Apple Sauce/ Cup fruit

Granola Bars Juice boxes

Small boxes raisins Crackers

### **Canned-Microwavable:**

Beans and Wieners

Cheesy Macaroni and Cheese

Beef Ravioli , Spaghetti- Meatballs

Soups/ Rings and Chicken

Cheesy Macaroni and Franks

**Shop now - bring 2<sup>nd</sup> Sunday each month**